

# Speech is Easy

Speech materials

With

**33 topics**

Easy and  
interesting topics

For 2 to 3 minutes  
speech

***By: Ana Nur R S***

## **Preface**

The contents of this book are intended for speech. If you aim to have 2 or 3 minutes speech, this book is probably right for you.

Speech is a good medium to deliver your message. This book is created to help you to get some references for your own speech. You can use the content in this book as your speech material, but you might get your own satisfaction if you use your own content as your speech material. I hope you deliver your speech well, and people can take something positive from your speech.

I hope this book can help you in many ways. If you feel some of the contents of this book are related to your life, please kindly share your idea and experience behind it. I'd like to hear it. Contact me via email [korea.ana87@gmail.com](mailto:korea.ana87@gmail.com)

Thank you

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## **Father**

Father is a person who's willing to sacrifice anything to make his children happy. A father, who gives so much love and hopes for his children, and will fight for our best. It comes the moment when we reach the age, and then we realize how it must have been hard raising children and taking care of them. He is the one who gives supports that never ends.

A father would do anything for the happiness of his children and his wife. When he gets older, we will start to realize how bad we were back then, when we were a kid. And we would think what could make him happy. He has worked so hard. He makes sure that we are okay.

A father who never mentions what he has done and given for us. He would be happy if he sees us happy because he loves his children more than everything. He would ask us if we had bad days and he would teach us how to be brave and strong. He shows us ways. He guides us to find our ways and our passion. And later on, when we have reached of our success, we will never forget his efforts and kindness. And

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## **Teenagers**

It's always been nice to be a teenager. We just need go to school and obey what our parents say. But have you ever thought that they also struggle with some teenage problems? Being teenagers as not as easy as people think. They need to get good grades. They also have fears of being left out. A fear of having real friends, and being accepted by their peers, a fear of being in a relationship, a fear of whether or not getting in a college or getting a job, and being a teenager can be depressing when the bullying happens. Some teenagers who are dealing with this problem might not tell what has happened to them.

Some of the teenagers might have broken family issues. They don't get to choose how their parents live but they get affected by it. It might seem unfair for them but it is actually parents job to keep the harmony in a family. Teenagers are still learning and figuring out what they want in life. They need their parents' guidance. They might be clueless about some stuff but they have still got hopes and dreams.

## **Suicidal thoughts**

Depression is one of the biggest mental health problems. People suffering from depression tend to have suicidal thoughts. Depression is the main reason people commit suicide. The causes of depression could be trauma, genetic or problems that are hard to deal with. The cause may be different for each person. Living with depression can be hard. People who have suicidal thoughts might feel the only way to get out from that is to end their lives. Suicidal thoughts are so dangerous if people attempt to make it happen.

Thoughts can cause us to do actions. But what if we can control those thoughts, and change those thoughts. Some of us might or might not suffer from depression. But if you do suffer from depression, and have suicidal thoughts, you better seek for a help. If you feel there's no one can help you, you may need to do things that can distract you from getting suicidal thoughts. It might not be easy, considering you might have bigger problems, and those problems might not be easy to get over with. Think that problems are like time. It surely goes

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